

CFMC YC's JOGLE : 2 - 21 August 2010



Chandler's Ford Methodist Church Youth Club, in aid of Naomi House Children's Hospice

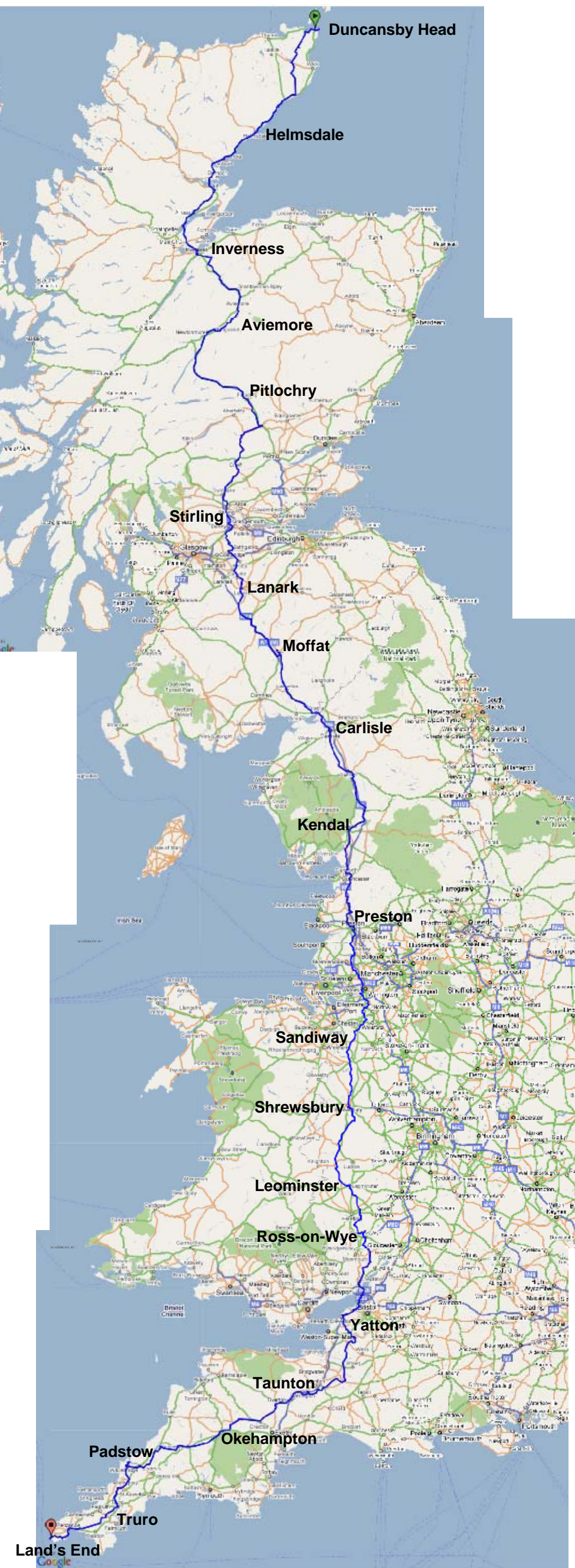
The route from John O'Groats to Land's End was completed by 11 young people (one of them only 12 years old) and a few adults

The following pages contain some maps and a day-by-day summary of the ride.

- Day 1: JoG to Helmsdale 96 km
- Started at JoG but went out to Duncansby Head, the "true" north-eastern corner of mainland UK
 - Minor nav blunder on track log at 23km !
- Day 2: Helmsdale to Inverness 113 km
- Horrible long slow hill on busy A9 from 91km to 96 km
 - Much better to follow NCN 1 round via Dingwall
- Day 3: Inverness to Aviemore 55 km
- Mike's Bikes in Aviemore is well used to catering for needs of E2Enders!
- Day 4: Aviemore to Pitlochry 96 km
- Surface of cycle track south of Dalwhinnie is not great. 23mm tyres rather uncomfortable, and look out for slippery gravel.
 - Escape Route (on RH side as you head south out of town) is another good bike shop.
- Day 5: Pitlochry to Stirling 95 km
- Watch out for steep downhill in Crieff & again approaching Bishop's Bridge (67km)
 - Had planned to finish over Sherriff Muir but weather/time against us.
- Day 6: Stirling to Lanark 77 km
- Planned a different route out of Stirling but managed to miss it!
 - Very steep descent & re-ascent (on atrocious road surface) to cross Mousewater just 1km north of Lanark
- Day 7: Lanark to Moffat 63 km
- Day 8: Moffat to Carlisle 72 km
- Unpleasantly coarse & uncomfortable road surface on NCN74 especially between 13km & 15km. Suggest stay on minor road to east of M74 past Johnstonebridge.
 - Carlisle is difficult to navigate even with GPS ! We added an extra 9km trying to find right address!
- Day 9: Carlisle to Kendal 87 km
- Were planning to go over Kirkstone pass, but bad weather made us choose Shap instead.
- Day 10: Kendal to Preston 87 km
- Good Picnic Site @ Crook o' Lune (Between Halton & Caton) is close to halfway point.
 - Quiet route into Preston (much better than A6)
- Day 11: Preston to Sandiway 86 km
- Exit from Preston goes from leafy park to Baghdad-on-the-Ribble and then to lovely disused tramway.
 - Killer hill at Roby Mill. This was "final straw" that broke one of our team's knees.
 - Moton behaviour in Newton-le-Willows was appalling. By far the worst we came across on entire trip.
 - Bridleway just north of M62 is best avoided.
 - Sankey Valley Park through Warrington has some very bike-unfriendly "gates".
- Day 12: Sandiway to Shrewsbury 75 km
- Shrewsbury is odd ! Lots of signs saying x minutes to City Centre by bike from each 'burb.....and then steep, congested, narrow streets with no sign of any cycle paths !
- Day 13: Shrewsbury to Leominster 73 km
- The Romans were mad ! Watling Street is quite un-necessarily hilly)
- Day 14: Leominster to Ross-on-Wye 51 km
- Confusion about our destination address added another 5 km!
- Day 15: Ross-on-Wye to Yatton 89 km
- Lovely in Forest of Dean, less so in Chepstow, decidedly unlovely around Avonmouth/Bristol
- Day 16: Yatton to West Buckland (Wellington) 95 km
- Long steady ascent through Burrington Combe is worth it for the drop through Cheddar Gorge, but watch for a sharp dip & bend on top of Mendips near Charterhouse (esp. if wet)
 - The Somerset Levels are not – especially in a headwind !
- Day 17: Wellington to Sourton Cross (Okehampton) 90 km
- Hardest day (most total ascent)
 - A3072 was closed west of Bow so we got a "bonus hill" thrown in for free !
- Day 18: Okehampton to Padstow 87 km
- Padstow is a bit off the direct route but "beggars can't be choosers"
- Day 19: Padstow to Truro 44 km
- Shortest day in distance but a very hilly day.
- Day 20: Truro to Land's End 74 km
- Escape from Truro's one-way system proved baffling – even with a GPS !
 - The hill out of Mousehole was felt to be the steepest on the entire route.

Above totals 1605km – with a few minor diversions it's easily 1000 mile route.

Our least "diverted" GPS unit recorded 1002.77 miles, the one which had to double back most often recorded 1656 km.



Duncansby Head

Helmsdale

Inverness

Aviemore

Pitlochry

Stirling

Lanark

Moffat

Carlisle

Kendal

Preston

Sandiway

Shrewsbury

Leominster

Ross-on-Wye

Yatton

Taunton

Okehampton

Padstow

Truro

Land's End

